



# CRADLEY CE PRIMARY SCHOOL

Subject: PE

Class 3

Topic: Basketball

	Key Vocabulary
<b>Catching</b>	A skill used to receive the ball, enabling the team to keep possession of the ball.
<b>Dribbling</b>	Dribbling skills enable a player to keep control of the ball, travel past a defender or to simply move the team forward up the court.
<b>Passing</b>	Various passes can be used within the game: chest, shoulder, overhead and bounce.
<b>Dodging</b>	A change of speed and direction in order to get free into space to receive the ball.
<b>Shooting</b>	A simple used by the Goal Shooter and Goal Attack within the game to score a goal. (BEEF - Balance, Elbow, Eyes, Follow through)
<b>Defending</b>	A technique used to mark your opponent to stop them finding a space to receive the ball or for a player to intercept a pass

## Sticky Knowledge

**Important information that you need to know and remember**

- The aim of basketball is to score more points than the other team, by shooting the ball in the basket. Baskets can be worth 1, 2, or 3 points. You get points by "shooting" (throwing or dropping) the
- An official game lasts 48 minutes and is split into four quarters of 12 minutes.

Rules:

- If you wish to defend someone, you can stand as near as you wish and may also hold your hands up to intercept a pass or use your hands to try and knock the ball while the opponent is dribbling.
- If you wish to move with the ball, you may do so while dribbling. This is when you bounce the ball while moving.
- Basketball is a contact sport therefore you can come into contact with any other player (You may not use force against the other player).
- To score a goal, the basketball must pass completely through the ring.
- If the ball is out of the court, it will be decided who was the last team to touch the ball. The other team will be given the throw in.

## Famous Basketball players

Lebron James



Michael Jordan

